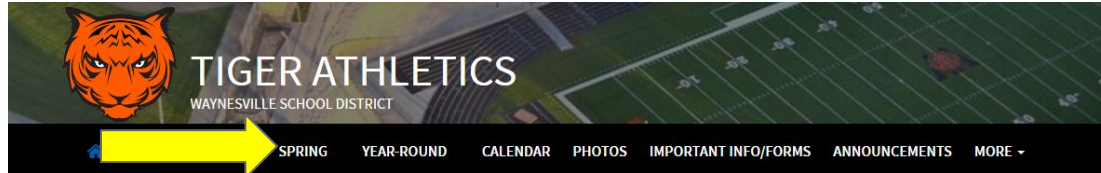


Baseball Tryout Meeting



Fill out the “Prospective Baseball Player” Form. To get it go to <http://waynesvilletigerathletics.org/> then click SPRING SPORTS, VARSITY BASEBALL, TEAM LINKS



TIGER ATHLETICS
WAYNESVILLE SCHOOL DISTRICT

SPRING YEAR-ROUND CALENDAR PHOTOS IMPORTANT INFO/FORMS ANNOUNCEMENTS MORE ▾

WRESTLING Opponents	BOYS FRESHMAN BASKETBALL (A) vs Kickapoo High School Friday Feb 17 @ 4:30PM	BOYS JV BASKETBALL (A) vs Kickapoo High School Friday Feb 17 @ 5:30PM	BOYS VARSITY BASKETBALL (A) vs Kickapoo High School Friday Feb 17 @ 7:00PM	GIRLS JV BASKETBALL (H) vs Jefferson City High Scho... Saturday Feb 18 @ 11:30AM	GIRLS FRESHMAN BASKETBALL (H) vs Jefferson City Saturday Feb 18 @ 11:30AM
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ANNOUNCEMENTS

2017 Spring Tryout
Announcement
Posted 3 days ago @ 10:27PM

Middle School TPT offered
Monday and Wednesdays
Posted 2 weeks ago @ 10:28PM

Winter Channel 12
Broadcast Links
Posted 2 months ago @ 4:38PM

Coach Kayla Wilson - USTA
Missouri Valley District -
Volunteer of the Year
Posted 3 months ago @ 3:06PM

Tryout Date and Times

- Tryouts held Monday, Feb. 25th, Tuesday, Feb. 26th, and Wednesday, Feb. 27th
 - Cuts after day 2 and day 3
- MUST HAVE Physical in order to tryout
- Freshmen and non-driving Sophomores, Juniors, Seniors 3:00-5:00
- Driving Sophomores, Juniors, and Seniors 5:00-7:00
- Location: Baseball Field by East Elementary or High School Gym (depending on weather)
 - Ride shuttle bus (picks up at 9th grade center-2:55)
 - If riding activity bus home be sure to get on it when it gets to us
- Wear: Bring clothes for both indoor and outdoor. We will go outside even if it is cold. Bring tennis shoes.

Showcase Style Tryouts

First day or two:

- Hitting (exit speed & hitting score off front toss)
- Running (home to first, steal, shuttle and 60 yard)
- Defense (ground balls, infield velo, popflys, outfield velo)
- Pitching (15 P from stretch, FB max velo, FB avg velo, % Strikes)
- Catching (Pop time, Pop Velo to 2nd)

Day Three:

- Practice/game like evaluations

Baseball Evaluation Rubric

Skill	1	2	3	4	5
Hitting Score	<112	112	130	160	176
Ball Exit Speed	<68	68	74	80	85
H to 1st	>4.6	4.6	4.4	4.25	4.1
Steal	>3.75	3.75	3.6	3.45	3.3
60 yrd	>7.8	7.8	7.4	7.1	6.9
IF Arm Strength	<66	66	72	77	82
OF Arm Strength	<68	68	73	79	85
C Pop	>2.4	2.4	2.25	2.15	1.95
C Velo	<67	67	71	76	80
P Time to Plate	>1.55	1.55	1.45	1.3	1.15
P % FB Strikes	<48%	48%	55%	63%	68%
P Velo (FB) Max	<70	70	75	80	85
P Velo (FB) Avg	<69	69	74	78	83